



PITHAPUR RAJAH'S GOVERNMENT COLLEGE

Autonomous and NAAC Accredited with 'A' Grade (3.17 CGPA)

Opp. Mc Laurin High School, Raja Ram Mohan Roy Road, Kakinada 533001, Andhra Pradesh, India.

email: kakinada.jkc@gmail.com, Tel: 0884-2379480 Fax: 0884-2379480

Reference: No. IDY 2024/1/AC-14/20245, dated 10-06-2025

Report

**on International Day of Yoga
Celebrations 2025**



**COMMISSIONERATE OF COLLEGIATE EDUCATION
GOVERNMENT OF ANDHRA PRADESH :: MANGALAGIRI**

CIRCULAR

Cir.IDY2024/1/AC-14/20245

Dated :10/06/2025

Sub: International Day of Yoga 2025 Celebrations – Reg.

Ref :1. Proc.No.1/IDY2025/1/AC-14/2025, dated:21-05-2025 from CCE, Govt. of AP.

2. Memo.No.2856378/MC/2025-1 , Dated : 10/06/2025,
from Higher Education (MC),Govt. of Andhra Pradesh.

Dear Principals,

On the occasion of the International Day of Yoga (IDY), which is observed on 21st June every year, worldwide, since 2015 to raise awareness about the importance and impact of Yoga on People's lives and enhance its quality. The theme of the event on this occasion is **“Yoga for One Earth, One Health”**.

As you may be aware, we have successfully completed a decade of celebrating the IDY, and in 20225,we are celebrating the 11th IDY in a truly global and inclusive manner, with cooperation of all stakeholders.

On this occasion, all the Principles of Govt. and Private Aided Degree Colleges are requested to kindly draw an action plan to celebrate the International Day of Yoga 2025 on June 21st 2025 at your college, and contribute to make Yoga a mass movement by involving all the stakeholders. The common Yoga protocol to be followed on **21st June 2025**, enriched by suitable and befitting programme/activities on Yoga as given in the Annexure enclosed.

Further you are also requested to send a report on proposed initiatives and observance of month long Yoga campaign from **21-05-2025 to 21-06-2025** along with a few selective photographs of activities undertaken by the college on celebrations of IDY-2025. The same shall be mailed to this office latest by **23-06-2025** to the mail Id: [**cceapacadcellag14@gmail.com**](mailto:cceapacadcellag14@gmail.com) without fail.

For The Director of Collegiate Education
10/6/25

Encl: 1. Annexure - Suggested activities to be observed on IDY-2025.
2. Common Yoga Day Protocol (PDF)

To,

1. All the Principals of Govt. and Private Aided Degree Colleges in AP.
2. All the Principals of Govt. and Private Aided B.Ed & B.P.Ed. Colleges in AP.
3. All the Principals of Govt. and Private Aided Sanskrit & Oriental Colleges in AP.

ANNEXURE

INTERNATIONAL DAY OF YOGA - 21st JUNE 2025

THEME: "Yoga for One Earth, One Health".

SUGGESTED LIST OF ACTIVITIES

S.No	ACTIVITY
1	Awareness rally on benefits of Yoga
2	Talk on Yoga by eminent experts in Yoga
3	Seminar and exhibitions on the importance of Yoga
4	Organising mass Yoga session
5	Intra-/Inter- collegiate Yoga competitions
6	Yoga and meditation sessions to students, staff, parents and community.
7	Arrangements for demonstrations of Common Yoga protocol to mark IDY-2025

Please scan the following QR code to watch common yoga protocol demo video or by using the link "<https://www.youtube.com/watch?v=G45rZmaPdk&t=4s>"





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Dr. K.Anjaneyulu.

M.A,UGC NET, Ph.D.

Principal, (F.A.C)

To,

The Director of Collegiate Education“

Vijayawada, Andhra Pradesh.

Through Proper Channel

Letter No: College Letter No 001, Date: 23-06-2025.

Subject: Report on International Day of Yoga Celebrations – Reg.

Reference: Your Letter No. IDY 2024/1/AC-14/20245, dated 10-06-2025

Sir,

With reference to the letter cited above, we are pleased to submit a report on the conduct of International Day of Yoga celebrations in our college as per the guidelines and activity list provided in the annexure of your circular.

In adherence to the theme “**Yoga for One Earth, One Health**”, we organized the following activities to spread awareness among students and the community.

Yoga Awareness Rally: An awareness rally was conducted with student participation to educate the public about the benefits of yoga and to promote health and well-being.

Yoga Classes : Yoga training sessions were organized for four days, led by Sadguru Sachithananda Yogi, an internationally renowned yoga practitioner. He holds an M.Sc., a Doctorate in Yoga, and is a gold medalist in international yoga competitions. He explained the scientific and physical benefits of yoga to the students.

Mass Yoga Session: A one-day mass yoga session was held on campus, following the Common Yoga Protocol, with enthusiastic participation from students.

Intra-college Quiz Competition: A quiz competition on yoga and wellness was conducted at the intra-college level. Medals and certificates were awarded to the winners.

Community Yoga and Meditation Session: A special yoga and meditation session was organized involving students, staff, parents, alumni, and members of the local community to promote holistic well-being.

Cont..2

Plastic Cleanup Drive: In line with the theme and environmental consciousness, students also participated in a plastic cleanup activity, promoting sustainable and eco-friendly practices.

Sapling plantation: Tree Saplings were planted in campus premises with active participation from students to encourage environmental sustainability.

We are proud to inform you that all activities were conducted successfully in accordance with the annexure and the objectives of the International Day of Yoga. Photographs and documentation of the activities are enclosed herewith for your kind perusal and records.

We kindly request you to accept and approve our report.

Thanking you,

Yours faithfully

Principal

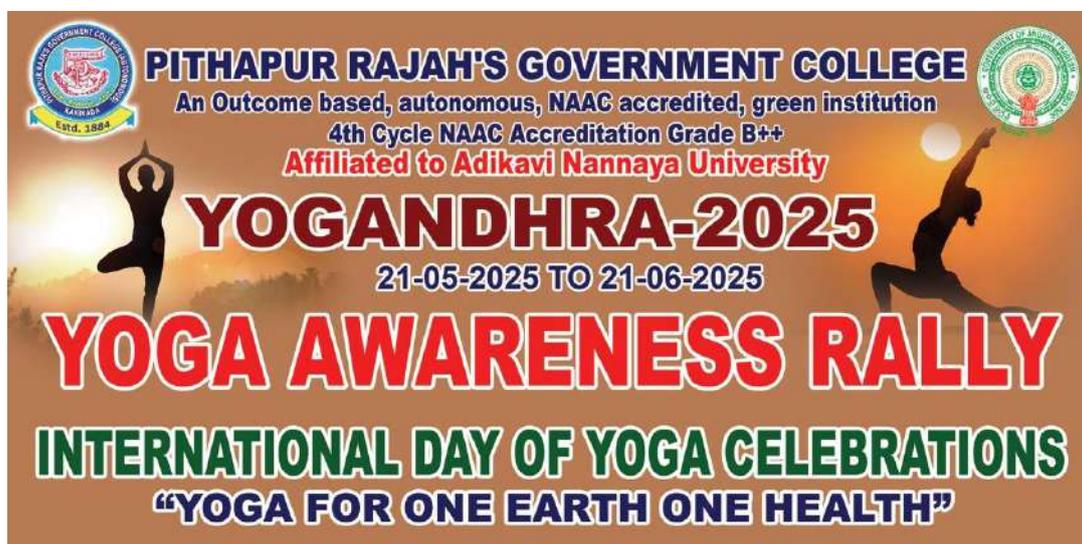
Pithapur Rajah's government college.

Kakinada.

Enclosures:

Photographs of Activities & Schedule of Events

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GPS Map Camera



Kakinada, Andhra Pradesh, India

Commerce Department, Prakasam St, Rama Rao Peta,
Kakinada, Andhra Pradesh 533001, India

Lat 16.95902° Long 82.22946°
21/06/2025 11:30 AM GMT +05:30

